

community connect transport



Community Connect News

JUNE 2018

Community Connect Transport services North Sydney, Willoughby, Lane Cove and Mosman Local Government Areas and is based at the Crows Nest Community Centre, 2 Ernest Pl, Crows Nest NSW 2065 | (02) 9490 9500 | www.communityconnect.org.au

IN THIS ISSUE

Newsletter

Community Connect Transport welcomes you to our June Quarterly Newsletter.

In this edition you will discover our next schedule for the Winter social outings programs along with the new shopping service "Shop to you drop Monday's" at Westfield Warringah Mall. There will be a Monday allocated each month for every council area.

We would also appreciate your feedback for any other destinations you would like for us to include in the next Spring/Summer social program edition and we will do our best to accommodate those requests.

Are you ready for Winter Travel ?



To book transport
call us on
9490 9500



Our Service to you

For Individual Transport we can cover medical and all social arrangements. You will need to be registered with MyAgedCare 1800 200 422 to access this service if you are not already registered.

We cover the local government areas of North Sydney, Willoughby, Lane Cove and Mosman. Any transport that is organised outside these areas will be arranged if and when possible and this depends on available capacity.

There is a small contribution cost to use these services. \$12.00 for return (or \$7.50 one way) within the Lower North Shore. For out of area service the fee is \$20.00 for return (or \$12.50 one way). Any tolls incurred will be an additional fee.

What you need

* When calling to make a booking request, please have your appointment time, full address of destination, doctors name and the surgery contact telephone number on hand. Also advise us how long you anticipate the appointment to be.

* We require **3 working days** advanced notice before your appointment so your booking request can be processed. All booking requests are reviewed. We advise you if you have been successful obtaining transport and what time we shall pick you up.

We endeavour to help everyone that calls but unfortunately this is not always possible, we will advise you 2 days before if transport is available. You will be asked to be ready to be picked up at least half an hour before your scheduled time.

On your day out

- * The driver will phone you approximately half an hour before you are due to be picked up from home.
- * Be ready to travel
- * Other passengers may be travelling with you on the day.
- * The driver will take you to your destination and on arrival will give you a card with a phone number.
- * Contributions are paid directly to the driver at the time of boarding.

For Individual transport bookings or social trips call us on the hotline

9490 9500

Warringah Mall Shopping Trips

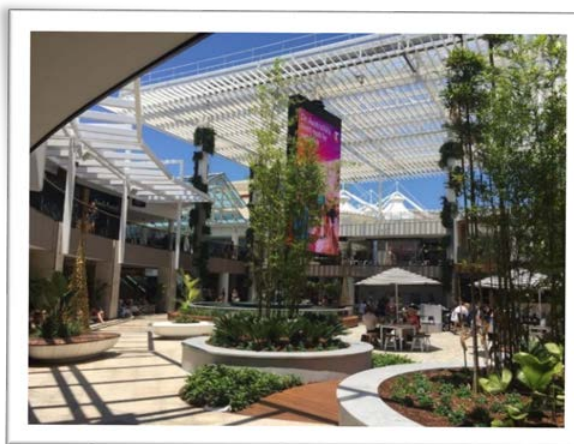
Shop to you drop
"Monday's" services for
our clients!

We are proud to offer your new shopping services to Westfield Warringah Mall commencing in June. Start your shopping trip visiting your favourite stores and then head to the vast array of coffee shops and food outlets for a break. We allow you to shop for up to 2.5 hours at your leisure. These will be unassisted shopping trips and we are only providing transport.

To make these convenient for you pick up and drop off is from your home.

These shopping trips are available for all our registered clients only and the cost is \$15.00 return or \$7.50 one way.

We also require a mobile number when booking.



Commencing Monday's – See below for your LGA

Warringah Mall shopping service drop off approx. 11.00am
Departs at 1.30pm for home drop off.

Dates for June 2018

Monday 4 June Mosman/ North Sydney Council Area (Mon 11 Public holiday)

Monday 18 June Willoughby Council Area

Monday 25 June Lane Cove Council Area

For July/August and onwards each Council Area will be as follows;

1st Monday of the month Mosman / 2nd Monday of the month North Sydney

3rd Monday of the month Willoughby / 4th Monday of the month Lane Cove

To book Transport or a Social Outing *call us on 9490 9500*

SOCIAL OUTINGS WINTER PROGRAM JUNE, JULY, AUGUST



Let's get together!

Our brand new social outings program has been released for the winter months of June through to August.

We have introduced additional and exciting ventures for you this season where you can choose from the many options available.

To celebrate the chilly winter month's we have a special event to present to you "Christmas in July" at Ettalong Diggers. This is a prepaid event and numbers will be limited, book early to avoid disappointment.

Our most popular outing thus far has been Berowra Waters and is always in high demand. If you have missed out on previous days we have included new dates for you to try the best fish and chips!

At the time of booking we require details of any special meal requests or if you are bringing a walker. For the present moment these outings are for clients who are independently mobile.

Feel free to invite some of your friends, a family member or carer or neighbour with you they are more than welcome. For additional guests under 65 and not registered with MyAgedCare there will be an additional charge incurred of \$10 per person per trip.

To have a friend or family member register for Community Transport please contact MyAgedCare on 1800 200 422 to apply for a referral to utilise services. Only over 65+ clients are eligible to register.

Prior to travelling for your social outing we will contact you 2-3 days to advise you of your pick up time from home. Times can vary slightly due to last minute cancellations or traffic congestion, please be ready atleast 15 mins prior to your time.

Please notify our office as soon as possible if you need to cancel your booking. For prepaid events this will forfeit the fee. We look forward to welcoming you aboard and hope to see you all soon for a fun and exciting day out.

BOOKING PROCESS

RESERVE YOUR SEAT NOW

1. Call us on 9490 9500 to book
2. For upfront prepaid events place payment in an envelope with your full name and date of the event to give to your driver. For all other events payment is by cash on the day of boarding the bus. Please have correct monies as we have limited change on board.
3. Any cheques or Money Orders to be made payable to our office "Lower North Shore Community Transport"
4. EFT Options (Must quote your name as reference)

BSB: 032298 A/C: 209654

To mail us your cheque or money order send to; **Po Box 846, Crows Nest 2065**

TIPS FOR THINGS TO BRING ALONG






1. Umbrella for wet weather
2. Any medications for the day
3. Jackets & scarves to stay warm
4. Comfortable shoes
5. Water bottle to stay hydrated





9490 9500

**community
connect** transport

Social Outings Calendar June / July / August 2018
Booking deadlines are 2 weeks prior to the outing

Date	LGA Area Council	Venue	Event Information	Time	Cost
Tuesday 5th June	North Sydney & Mosman Council Residents	Berowra Waters Fish Café Berowra Waters 	One of the best fish and chips you will ever have! Always high in demand. Enjoy a lovely lunch of lightly battered fish and chips and the local scenery of this popular spot. Included is dessert and tea or coffee. Relax while we drive to Berowra Waters admiring beautiful bush and landscape settings.	Lunch 12.15pm Full day event	\$41.00 Inclusive \$22 Transport \$19 Meal Includes transport and lunch with dessert and tea or coffee Pay on the day
Thursday 7th June	Willoughby/Lane Cove Council Residents				
Tuesday 12th June	North Sydney & Mosman Council Residents	Swayne's Nursery & Dural Country Club for Lunch Dural 	Visit this flagship nursery and choose from a vast array of roses and plants whilst also pondering the gardens. We then head to the Country Club at Dural for lunch. Meals to choose from include salt & pepper calamari, rump steak, fish and chips, chicken schnitzel and more.	Lunch 12.15pm Full day event	\$30.00 Inclusive \$16 Transport \$14 Meal Includes transport and lunch. Drinks extra Pay & order on the day
Thursday 14th June	Willoughby/Lane Cove Council Residents				
Tuesday 19th June	Willoughby/Lane Cove Council Residents	Tanglin Lodge Alpacas Tennyson 	Bring your camera along for this guided tour with Cheryl the owner of the Alpaca farm. Included is a delicious BBQ lunch! Afterwards visit the shop for genuine alpaca products to purchase. A fun and exciting day to learn facts about Alpacas! **Advance Prepaid Event** **Limited Numbers**	Arrive 11.30am Full day event	\$60.00 Inclusive \$25 Transport \$35 BBQ lunch Any cancellations will incur the full fee of \$35
Thursday 21st June	North Sydney & Mosman Council Residents	Coal Loader Café Waverton 	Choose from the wide variety of the options available at this popular café. Some favourites are soups, vegetable frittata and fish and chips. Wine and beer is also available for an extra \$8. Menu ranges from \$15 onwards for mains.	Lunch 12.00pm	\$12.00 Inclusive Bus Only Meal Extra Pay & order on the day
Tuesday 26th June	North Sydney & Mosman Council Residents	Baha'i Temple Tour & lunch at Terrey Hills Tavern Ingleside 	Baha'i Temple guided tour at Ingleside. Lunch afterwards at the Terrey Hills Tavern. Menu selections to choose from include Fish & Chips, cheeseburger, grilled minute steak, grilled chicken breast, chicken tenderloins & linguine. All meals come with chips and salad or mash and vegetables.	Lunch 12.30pm Full day event	\$30.00 Inclusive \$14 Transport \$16 Meal Includes transport and lunch with dessert and tea or coffee Pay & order on the day
Thursday 28th June	Willoughby/Lane Cove Council Residents				

<p>Tuesday 3rd July</p> <p>Thursday 5th July</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>The Fiddler Rouse Hill</p> 	<p>Modern food and bar precinct offering quality casual dining. Adorned with climbing vines, hanging ferns, and an abundance of greenery. A relaxing and fun day awaits. Lunch is a set 2 course meal with tea or coffee included.</p>	<p>Lunch 12.00pm</p>	<p>\$46.00 Inclusive \$20 Transport \$26 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Pay on the day</p>
<p>Tuesday 10th July</p> <p>Thursday 12th July</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Northern Beaches Scenic Drive & Long Reef Golf Club Lunch Long Reef</p> 	<p>A commanding beachfront location with a stunning outlook of the ocean spanning Fisherman's Beach and Long Reef Headland. Enjoy lunch whilst taking in the ambience of this wonderful scenery. We drive past this amazing golf course. Seniors special lunch menu which includes the main, dessert and tea or coffee.</p>	<p>Lunch 12.30pm</p>	<p>\$40.00 Inclusive \$15 Transport \$25 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Pay & order on the day</p>
<p>Tuesday 17th July</p> <p>Thursday 19th July</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Berowra Waters Fish Café Berowra Waters</p> 	<p>One of the best fish and chips you will ever have! Always high in demand. Enjoy a lovely lunch of lightly battered fish and chips and the local scenery of this popular spot. Included is dessert and tea or coffee. Relax while we drive to Berowra Waters admiring beautiful bush and landscape settings.</p>	<p>Lunch 12.15pm</p>	<p>\$41.00 Inclusive \$22 Transport \$19 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Pay on the day</p>
<p>Tuesday 24th July</p> <p>Thursday 26th July</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Christmas in July Ettalong Diggers</p> 	<p>A mid year celebration as this special event is brought to you by Ettalong Diggers. The highlight is the show with a live band and singers including the hits of Rod Stewart and Elton John. A traditional 2 course Christmas lunch is served. Complimentary drink on arrival.</p> <p>**Advance Prepaid Event** **Limited Numbers**</p>	<p>Lunch 12.00pm</p>	<p>\$70.00 Inclusive \$25 Transport \$45 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Any cancellations will incur the full fee of \$45</p>
<p>Tuesday 31st July</p> <p>Thursday 2nd August</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Pittwater RSL Club Mona Vale</p> 	<p>Always a great place to eat. Enjoy a 2 course meal, choose your main and dessert is the chefs special on the day.</p> <p>Advise staff of meal selection on booking.</p> <ul style="list-style-type: none"> • Fish & chips • Roast of the day • Chicken schnitzel 	<p>Lunch 12.30pm</p>	<p>\$35.00 Inclusive \$15 Transport \$20 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Pay on the day</p>

<p>Tuesday 7th August</p> <p>Thursday 9th August</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council</p>	<p>North Ryde RSL Café North Ryde</p> 	<p>North Ryde RSL is far from the normal club food. All meals are pre ordered, please advise us at time of booking your main. Choices include roast of day, whiting and chips or chicken & chips. Includes cake of the day with cream and tea or coffee.</p>	<p>Lunch 12.30pm</p>	<p>\$35.50 Inclusive \$12 Transport \$23.50 Meal</p> <p>Includes transport and lunch with dessert of the day and tea or coffee</p> <p>Pay on the day</p>
<p>Tuesday 14 August</p> <p>Thursday 16 August</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Bayview Golf Club Mona Vale</p> 	<p>Come along for a wonderful coastal drive along the scenic Northern Beaches followed by lunch at the Bayview Golf Club. Includes a 2 course meal. We will contact you several days prior with meal options when advising pick up time.</p> <ul style="list-style-type: none"> • Fish & chips • Roast of the day • Chicken schnitzel 	<p>Lunch 12.00pm</p>	<p>\$37.00 Inclusive \$15 Transport \$22 Meal</p> <p>Includes transport and lunch with dessert. Tea or Coffee extra \$2.50</p> <p>Pay on the day</p>
<p>Tuesday 21 August</p> <p>Thursday 23 August</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Mooney Mooney Club On the Hawkesbury</p> 	<p>Nestled on the shores of the tranquil Hawkesbury river is the Mooney Mooney Club. Enjoy the views and a 2 course meal including a main, dessert, and tea or coffee. We will contact you two days prior to the event for you to choose your main.</p>	<p>Lunch 12.30pm</p>	<p>\$40.00 Inclusive \$22 Transport \$18 Meal</p> <p>Includes transport and lunch with dessert and tea or coffee</p> <p>Pay on the day</p>
<p>Tuesday 28 August</p> <p>Thursday 30 August</p>	<p>North Sydney & Mosman Council Residents</p> <p>Willoughby/Lane Cove Council Residents</p>	<p>Birkenhead Point Outlet Centre Drummoyne</p> 	<p>Get ready to shop! All your favourite designer outlet stores. Come along and score a bargain. There are cafes and restaurant options to enjoy at your own leisure for morning tea or lunch.</p> <p><u>Bed Bath & Table, Country Road, Crabtree & Evelyn, L'Occitane, Lindt, Mimco, Nine West, Orotan, Seed, Sheridan, Spotlight, Coach, Bonds to name some and many others</u></p>	<p>Lunch At cost</p>	<p>\$15.00 Inclusive \$15 Bus Only</p> <p>Choose your own lunch options for the day.</p> <p>Pay on the day</p>

We welcome all our clients to our popular social outings. Please remember to advise us as soon as possible if you need to cancel so we can offer those on our waitlist an invitation.

These trips are full day outings and we have low level assistance. If you would like to bring your carer or support person with you let us know.

If you have any dietary requirements please advise our team at time of booking.

For any prepaid events cancellations are non refundable

Community services in your area



Dougherty Community Centre

Willoughby at Home 9777 7824
Meals on wheels, bed linen service,
social support, centre based activities

Lane Cove Council Area

Meeting House 9427 1841
Social support, home visits,
centre based activities
Sydney Community Services 9427 6425

Mosman Council Area

Mosman Council 99784081
Meals on wheels, bed linen service,
social support, centre based activities

North Sydney Council Area

Crows Nest Community Centre 9439 5122
Meals on wheels, bed linen service,
social support, centre based activities

Hospitals

Royal North Shore	9926 7111
North Shore Private	8425 3000
Greenwich	9903 8333

My Aged Care

1800 200 422

Vitalcall Medical Alarms

1300 360 808

9490 9500

community
connect transport